

# body treatments

## **CHOCOLATE EMBRACEMENT** | A DELICIOUS BODY WRAPS

PRE-TREATMENT 25 MIN. FULL TREATMENT 50 MIN.

This ritual will leave a delicious aromatic scent on your skin. Firstly, your body will be exfoliated with a deep chocolate and mint scrub; afterwards, a warm chocolate soufflé will be applied and you will rest for 20 min. The applications are then rinsed with our Vichy Shower, and then finished with a chocolate and hazelnut cream massage. Excelente!

## **AROMATHERAPY SALT GLOW** | AROMATHERAPY EXFOLIATION

PRE-TREATMENT 25 MIN. FULL TREATMENT 50 MIN.

This treatment brings you the experience of the Dead Sea. The organic aromatherapy and the salt crystals calm the body, relax the muscles, and ease aches and pains. It smoothes the skin with a natural, healthy glow. Your whole body will receive a rejuvenating sense of well being.

## **DESERT BODY POLISH** | A REJUVENATING BODY TREATMENT

PRE-TREATMENT 25 MIN. FULL TREATMENT 50 MIN.

Sage, rosemary and lemon extract along with polished jojoba granules gently removes dead skin cells from the body, leaving it feeling refreshed, soft and clean. Perfect for dry and sensitive skin.

## **WATER LILY SOOTHING TREATMENT** | A MUSCLE SOOTHING TREATMENT

FULL TREATMENT 50 MIN.

Experience calm with this cooling and refreshing green tea and water lily. This calming treatment will decrease redness, itching and will reverse the harmful effects of the sun. Excellent for hydrating your skin after enjoying long hours of the famous Los Cabos sun!

## **AROMATIC MOOR MUD WRAP** | A MUSCLE SOOTHING TREATMENT

FULL TREATMENT 80 MIN.

An abundance of minerals, amino acids, enzymes and natural antibiotics along with organic plants and algae are an integral part of this wrap. It will absorb impurities, stimulating the circulation, relieving stress and fatigue. It starts with a body exfoliation with sea salts, preparing the skin for the application of the soft, warm and comforting mud. This is followed by a refreshing shower, and a final light massage that will leave you feeling completely renewed. This is considered an excellent treatment to ease pain from rheumatism, arthritis, and sport activity.

## **ANTI-CELLULITE BODY WRAP** | A DETOXIFYING, SLIMMING WRAP

FULL TREATMENT 80 MIN.

The orange peel skin. Slim, tone and detoxify your body with a revolutionary green coffee slimming treatment. This treatment contains natural enzymes to assist the body in the breakdown of fat and increase urinary output to eliminate the spongy appearance your skin may display. Recommended in series of six treatments, ideal for all skin types.

## **REVITALIZING SEAWEED TREATMENT**

FULL TREATMENT 80 MIN.

The therapeutic values of seaweed are well recognized as being a rich source of minerals, trace elements and vitamins which are easily absorbed by the skin during this body wrap. The soothing warmth from your body heat promotes the natural process of detoxification and eliminates excess fluid, to re-establish the metabolic balance of the body. The ideal treatment to reduce stress and muscle tension with the added benefit of revitalized skin. A light massage with a special body lotion concludes this nourishing and relaxing experience.

