

massage therapies

COLOR D'VIE | A DELICIOUS BODY WRAPS

FULL TREATMENT 80 MIN.

The native american Hopi indians believe there are energy centers along the spinal chord which vibrate and send signals to the brain and organs. The five main centers are on the fontanel, the forehead, the heart and the navel. According to the Tibetan or Indi mysticism there are seven main enegy centers called chakras. Each chakra vibrates corresponding to a particular light wave length. The chakras are more or less vividly colored metallic or dull depending on the person's physical, emotional, mental and psychic state.

CHOCOLATE MASSAGE | FOR TWO

FULL TREATMENT 80 MIN.

A most delicious therapy you can share with that special person. Enjoy the treatment in a romantic atmosphere of lighted candles and flower petals. A light massage, a glass of champagne and strawberries with chocolate. This service can be requested in the privacy of your suite too!

CHINESE BALLS | STIMULATING MASSAGE

PRE-TREATMENT 50 MIN. FULL TREATMENT 80 MIN.

A special treatment combined with an aromatherapy selection, adapted from an antique Chinese tradition. A massage using Chinese balls with notorious curative properties whose various tonal vibrations, with up to 48 different sounds, release tensions, generate a sensation of relaxation, reduce stress and restore mental, physical and spiritual equilibrium.

BAMBOO MASSAGE

PRE-TREATMENT 50 MIN. FULL TREATMENT 80 MIN.

A very exclusive therapy inspired by ancestral rituals, which harmoniously blend with an enveloping aroma and transports you to far-off Asian Lands. A massage using natural bamboo canes whose smooth and round sensation-filled kneading combined with the anti-oxidant, relaxing and revitalizing benefits of green tea oil it ensures a unique and integral experience.

RELAXATION MASSAGE

PRE-TREATMENT 50 MIN. FULL TREATMENT 80 MIN.

Enjoy this traditional full-body relaxation massage which uses a combination of gentle strokes to improve circulation and promote a restoring feeling.

AROMATHERAPY MASSAGE

PRE-TREATMENT 50 MIN. FULL TREATMENT 80 MIN.

Aromatherapy massage combines all the benefits of Swedish massage while greatly enhancing detoxification, promoting a healthier immune system and improving circulation. Envelop your sense with a unique and beautiful variety of organic essential oil blends.



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PREGNANCY MASSAGE

PRE-TREATMENT 50 MIN. FULL TREATMENT 80 MIN.

The nine month journey of nurturing is a special time for both mother and child. This treatment is designed to promote total relaxation of fatigued muscles, particularly in the lower back and legs, improving blood oxygenation and circulation, while giving special and respectful care to you and your baby.

NECK, BACK & SHOULDERS MASSAGE

PRE-TREATMENT 30 MIN. FULL TREATMENT 50 MIN.

The main areas of the body which accumulate tension are the neck, back and shoulders. This massage focuses on those areas and diminishes stress and tension while improving blood circulation by using relaxing strokes and shooting movements.

BACK, NECK & FOOT MASSAGE

PRE-TREATMENT 30 MIN. FULL TREATMENT 50 MIN.

A rejuvenating combination of a massage focused on the back, neck and shoulders. Followed by a relaxing foot massage.

SPORTS MASSAGE

PRE-TREATMENT 50 MIN. FULL TREATMENT 80 MIN.

A massage for the sports enthusiast. This therapeutic massage uses deep pressure on trigger points to relive soreness, and various stretching techniques to relive muscle fatigue and induce flexibility. This is an ideal treatment after a day of vigorous activity.

HEAVEN ON EARTH | A HAND MASSAGE

PRE-TREATMENT 50 MIN. FULL TREATMENT 80 MIN.

Two massage therapists work in gentle and perfect coordination, focusing simultaneously on the upper and lower parts of the body. This treatment is recommended for those who wish to experience total relaxation. Constant manipulation of muscle tissue creates a deep sense of well-being.

SHIAT-SU MASSAGE

PRE-TREATMENT 50 MIN. FULL TREATMENT 80 MIN.

Ancient Japanese techniques where firm pressure on the body, combined with soft body manipulations, acts upon the areas where energy circulates through the body. This massage vitalizes the organs, eliminates energy obstructions and strengthens the body's natural defenses. (Please wear loose clothing)

